



OCTOBER 2026

Cedar Mountain

Monday

Tuesday

Wednesday

Thursday

Friday



Hot Dog or BBQ
On a Bun
Tater Tots
Baked Beans
Salad Bar
Fruit

5

Spaghetti or Alfredo
With Noodles
Garlic Bread
Salad Bar
Fruit

6

Meatballs
Baked Potato Bar
Broccoli
Dinner Rol
Salad Bar
Fruit

7

Sub Sandwich
With fixings
Soup//Crackers
Salad Bar
Fruit

8

Pizza
Scoops and Salsa
Salad Bar
Fruit

9

Chicken Tenders
Tri Tater
Garbanzo Beans
Slice of bread
Salad Bar
Fruit

12

Cheese Omelet
Pancakes with Syrup
Tri Tater
Orange Juice
Salad Bar
Fruit

13

Taco in a Bag
Spanish Rice
Refried Beans
Salad Bar
Fruit

14

No School

15

No School

16

Chicken Nuggets
Tri Tater
Garbanzo Beans
Slice of Bread
Salad Bar
Fruit

19

BBQ Pork or Cheesy
Turkey on a Bun
Au Gartins
Green Beans
Salad Bar
Fruit

20

Tater Tot Hotdish or
Enchiladas
Garlic Toast
Salad Bar
Fruit

21

Turkey with Gravy
Mashed Potatoes
Candied Carrots
Dinner Roll
Salad Bar
Fruit

22

Taco Boat
Spanish Rice
Refried Beans
Salad Bar
Fruit

23

Hamburger or Chicken Patty
With a Bun
French Fries
Baked Beans
Salad Bar
Fruit

26

Pork Patty or Chicken Patty
Mashed Potato
Broccoli
Slice of Bread
Salad Bar
Fruit Salad

27

Italian Dunker Sauce
Breadsticks
Sald Bar
Fruit

28

Tomato Soup or Chili
Grilled Cheese
Crackers
Salad Bar
Fruit

29

Pizza
Scoops and Salsa
Salad Bar
Fruit

30

This institution is an equal opportunity provider.

Menu is subject to change.

A variety of milk is offered each day.