

OCTOBER 2025

Cedar Mountain

Monday

Tuesday

Wednesday

Thursday

Friday

Egg cheese Croissant **1**
Fruit
Juice
Milk

Turkey Sausage **2**
Pancake on a stick
Fruit
Juice
Milk

Burrito **3**
Fruit
Juice
Milk

Apple Frudel **6**
Fruit
Juice
Milk

Long John **7**
Fruit
Juice
Milk

Toast or Oatmeal **8**
Chocolate chip cookie
Fruit
Juice
Milk

Mini Strawberry **9**
Bagel
Fruit
Juice
Milk

Breakfast Pizza **10**
Fruit
Juice
Milk

Cinnamon Toast **13**
Crunch Bar
Fruit
Juice
Milk

Mini Donuts **14**
Fruit
Juice
Milk

Mini Cini or yogurt **15**
Fruit
Juice
Milk

16
No School

17
No School

Mini Pancakes **20**
With Syrup
Fruit
Juice
Milk

Long John **21**
Fruit
Juice
Milk

Toast or Oatmeal **22**
Chocolate chip cookie
Fruit
Juice
Milk

Mini Waffles **23**
With syrup
Fruit
Juice
Milk

Biscuits and Gravy **24**
Fruit
Juice
Milk

French toast Sticks **27**
With Syrup
Fruit
Juice
Milk

Mini Donuts **28**
Fruit
Juice
Milk

Mini Cini or yogurt **29**
Fruit
Juice
Milk

Mini Strawberry **30**
Bagel
Fruit
Juice
Milk

Breakfast Pizza **31**
Fruit
Juice
Milk



This institution is an equal opportunity provider.
Menu is subject to change.
A variety of milk is offered each day.