SEPTEMBER

Cedar Mountain

Cedal Modification				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 Italian Dunker Sauce Bread Sticks Salad Bar Fruit	Taco Boat Refried Beans Spanish rice Salad Bar Fruit	4 Sub Sandwich with Fixings Chips Salad Bar Fruit	5 Pizza Tortilla Chips/Salsa Salad Bar Fruit
8 BBQ or Hotdog on a Bun Tater Tots Baked Beans Salad Bar Fruit	Turkey with GravyMashed PotatoesCandied CarrotsDinner RollSalad Bar and Fruit	10 Chicken Tenders Hash Browns Garbanzo Beans Bread Salad Bar and Fruit	11 Grilled Cheese Tomato Soup/ Chili Crackers Salad Bar Fruit	12 Taco in a Bag with Fixings Spanish rice Refried Beans Salad Bar and Fruit
15 Hamburger or Chicken Patty On a Bun French Fries Baked Beans Salad Bar and Fruit	16 Spaghetti or Chicken Alfredo With Noodles Garlic Bread Salad Bar Fruit	17 Popcorn Chicken Mashed Potatoes Corn Dinner Roll Salad Bar and Fruit	18 Tater Tot Hot Dish or Enchiladas Slice of Bread Salad Bar Fruit	19 Pizza Tortilla Chips/Salsa Salad Bar Fruit
Pork Patty or Chicken Breast Mashed Potatoes Cauliflower and Broccoli Dinner Roll Salad Bar and Fruit	Corn Dog Tater Tots Green beans Salad Bar Fruit	24 Lasagna Roll-ups or Chicken Alfredo Hot Dish Garlic Bread Salad Bar Fruit	25 Chicken Nuggets Hash Browns Slice of Bread Salad Bar Fruit	26 Quesadilla & Fixings Spanish rice Refried Beans Salad Bar Fruit
29 BBQ Pork or Hot Turkey on a Bun Cheesy Potatoes Green Beans Salad Bar	30 Meatballs with Gravy Baked Potato Bar Broccoli Dinner Roll Salad Bar & Fruit			