

# FREEZER MEAL CLASS

Cedar Mountain Community Education is excited to offer a Freezer Meal class! You will go home with a week's worth of meals (7) for you and your family (5-6 servings each). You will also have some remaining Tastefully Simple items to take home with you for future meals.

The fee includes all items needed to prepare meals with the exception of the list of items below that you are asked to bring along to class that evening.



**Tuesday, March 25, 2014**

**7 pm – 9 pm**

**Cedar Mountain MS/HS FACS room #201**

**Cost: \$155**

**Instructor: June Vollmer**

**\*All registrations and payments are due by Friday, March 21.**

<u>MEALS</u>	<u>TASTEFULLY SIMPLE PRODUCTS</u>
Root Beer Pulled Pork Sandwiches Italian Meatball Casserole Scrumptious Stuffed Chicken Breast Bubbly Baked Rigatoni Crockpot Orange Chicken Fiesta Layered Enchiladas Bourbon Kabobs	Dried Tomato & Garlic Pesto Fiesta Party Dip Garlic & Basil Warm Dip Mix Garlic Garlic Seasoned Salt Va Va Veggie Cheeseball Vidalia Onion Dressing Bayou Bourbon

## **LIST OF ITEMS TO BRING TO CLASS:**

- Box or laundry basket to carry 7 dishes home
- 10 large freezer bags
- 3 small freezer bags
- 1 roll aluminum foil
- 1 roll of Press n Seal
- 2 - 9x13 foil baking pans
- 12 uncooked chicken breasts (not frozen)
- 1 ½ lbs browned hamburger
- 8 oz. cream cheese
- The remainder of products used will be provided at the class.



To register, call Sarah Sullivan 249-5990 or email [ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org)

Mail or drop off at the district office.

*Cedar Mountain Community Ed*

*PO Box 188*

*310 Somerville Ave.*

*Morgan, MN 56266*

Note: Due to supplies needing to be purchased ahead of time, no refunds will be issued.

However, if you are unable to attend, you will receive the Tastefully Simple products used along with the recipes.

# Open Gym Schedule through March

Franklin Elementary

Sundays

1:30 pm – 3:30 pm

Supervisor: Dave Distad

Morgan MS/HS

Sundays

7 pm – 8:30 pm

Supervisor: Jim Lueken

## Reminders

- Respect yourself, others and property.
- Bring your own equipment (gym shoes, basketballs etc.)
- Stay in the gym areas only.
- Supervisor has final say.
- Open Gym may be cancelled due to weather conditions.
- All members of the communities are invited.



## Cops, Kids & Community



Cedar Mountain Community  
Education & Officer Ross

Wiggen are teaming up!

Officer Ross is a local cop who  
serves both the Franklin &

Morgan communities; he would like to meet the youth in our communities, build relationships, and get to know them better by hosting an afterschool physical activity night. Officer Ross has planned some great activities to encourage teamwork, physical development & relationship building. This is open to youth in grades K-5 and will be at no cost. Watch for flyers/registration forms coming home from school.

# iPad 2 Training

**Tuesday, April 8th**

Franklin Elementary Library

7:00 p.m. – 9:00 p.m.

Darren Tighe (*Instructor*)

Cost: \$25

**Registration Deadline:**

**Friday, March 28th**

Do you have an iPad and understand the basics but want to take it to the next level? You'll learn how to get the most out of your iPad in different usage scenarios and discover capabilities you may not have known existed. This workshop will dive deeper into the functionality of the iPads as well as show you the best apps to use for different tasks. Please make sure to bring your own iPad.



## Easter ACTIVITY NIGHT



**Tuesday, April 15th**

**Time: 6:15-7:15 • Morgan Cafeteria**

**Fee: \$5.00 per child/max \$15 per family**

Enjoy special time with your child doing Easter activities. There will be art activities, games, and a special visit from the Easter Bunny!

You must pre-register for this event before April 11th by calling Nancy Gehrke at 249-5201 or email [ngehrke@cedarmt.org](mailto:ngehrke@cedarmt.org).

# Painting Class

Date: Thursday, April 24

Time: 6 pm – 8 pm

Locations: City & Country Tavern, Morgan

Instructor: Amanda Mathiowetz

Cost: \$42

Max: 15



Paint and create a masterpiece! A trained artist will guide you step by step through a complete painting. This class is open to all skill levels.

Make it a fun “Girls Night Out” and bring your friends!

All supplies and materials are provided

(16”X20” canvas, paint, brushes, apron and easel).

All you have to do is show up and plan on a good time!

To register, call Sarah Sullivan 249-5990 or email [ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org)

Mail or drop off at the district office.

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*PO Box 188*

*310 Somerville Ave.*

*Morgan, MN 56266*

**Registration deadline: April 3**

# Succulent Plant Garden

Instructor: Talana Mathiowetz

Date: Thursday, May 1, 2014

Time: 6:00 p.m. – 8:00 p.m.

Registration Deadline: Wednesday, April 23rd

Location: Franklin Elementary School Cafeteria

Cost: \$35      Min: 2      Max: 10

**Items Needed:** Something to plant your garden in, anything goes! Approximate dimensions should be 10"-18" diameter and at least 4" deep (can be deeper) and can be plastic, glass, ceramic etc... Ideas for planter: Fish bowl, antique dish, tin pail, cake pan, bowl etc... Use your imagination and have fun!

Items provided: Soil, charcoal, plants (5-6 each), rocks.

Talana will be teaching us the beauty of the succulent plant garden and then we'll be planting our own! Talana is a local horticulturist and also works for Blossom Town in Redwood Falls. Your succulent garden will be beautiful indoors and will look perfect placed outside on your patio or deck during the summer months.







DAY THEATER TRIP

# A Mighty Fortress Is our Basement

Friday, May 16, 2014



You may have missed it at the Plymouth Playhouse. Perhaps you'd like to see it again or you'll enjoy it at a different venue. Here's your chance! We'll begin with an included buffet lunch at the Old Country Buffet and then head for the St. Cloud Paramount Theatre.

The year is 1960 and a reformation is underway. With a new crop of confirmands, Beverly, the youngest of the bunch, dons her first pair of high heels for her confirmation ceremony. Mrs. Snustad, the matriarch of the kitchen, wins top honors at the County Fair for her "Grand Champion" pickles. Mavis, the able-bodied farm wife, must find a way to deal with the new "Super Highway" which cuts through her farm. Karin, the real homemaker of the kitchen, finds new freedom behind the wheel of her husband's pickup truck and must reconcile a new world of change for her daughter, Beverly. Pastor, who has always found strength and solace in the church basement, has found new love and announces his impending nuptials. The Church Basement Ladies are once again required to face change head-on. Against the changing tide, these pillars of the church stand strong in their faith and in their friendships with crazy antics, great songs and lessons reluctantly learned.

Bus departing Friday, May 16 from Franklin at 8:00 am, Fairfax 8:15 am, Gibbon 8:30 am, Winthrop 8:45 am

Returning approximately 6 :30 pm \$69 (includes lunch, show and transportation)

We will travel by school bus/van to Plato and board a coach bus there.

Register by May 5 or until filled.

Co-sponsored with Community Club Tours.



## **55 Alive – 8 Hour Initial Class in Franklin**

Monday, March 24 & Tuesday, March 25

Time: 5:30 pm – 9:30 pm  
Location: Franklin School Library  
Instructor: Dave Nack  
Cost: \$18 AARP members  
\$23 non-members



## **55 Alive – 4 Hour Refresher in Franklin**

Thursday, March 27

Time: 5:30 pm – 9:30 pm  
Location: Franklin School Library  
Instructor: Dave Nack  
Cost: \$18 AARP members  
\$23 non-members

*To Register: Call Sarah Sullivan at Cedar Mountain Schools  
249-5990 or email [ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org)*

*Checks payable to: CM Community Education*



## **Blood Drive**

**Cedar Mountain Morgan Community  
Spring Blood Drive**

**Wednesday, April 30 9 am - 3 pm**

Double Red donors needed!

All community members and students  
are welcome to attend!

Make appointments by calling Ann Vote at  
Cedar Mountain High School

**507-249-5990**

## **Short Term Training Opportunities:**

The SW MN Career Pathway Training project offers the opportunity for unemployed, under-employed, and/or low wage/underprepared adults to prepare for and enter a career pathway that leads to long-term, stable employment. Training opportunities are offered periodically throughout southwest Minnesota, and could include:

- Machine Maintenance Technician
- Universal Healthcare Worker
- Metal Fabricator/Welder
- GreenPOWER training



# Fire Arm Safety Training Class

Date: April 10, 2014  
Location: Cedar Mountain MS/HS, Morgan  
Class starts: April 10, 2014  
Class ends: May 3, 2014  
Classes held on: Thursday & Saturday  
Requirements: Must be 11 years of age before class start date listed above in order to be eligible to take this class.

## CLASS SCHEDULE:

April 10 ..... 6:45pm – 9pm  
April 24 ..... 7pm – 9pm  
April 26 ..... 8am – 1:30pm  
May 1 ..... 7pm – 9pm  
May 3 ..... 8am – 11am



## **Class Description:**

- The firearm safety class consists of a minimum of 12 hours of classroom and field experience in the safe handling of firearms and hunter responsibility.
- The field experience allows students to learn and demonstrate commonly accepted principles of safety in hunting and the handling of firearms. It includes live fire on a rifle range.
- A parent/guardian is required to sign paperwork the first night of class.

Cost: The DNR course fee is \$7.50, payable on-line after successful completion of course requirements. No payment will be needed to take the course.

Contact Denise Kirschstein to register: 249-3334